Dundas, also known as "The Valley Town," boasts Carolinian forests, a network of parks, a thriving arts sector and a strong

Ancaster, formerly a native trading post, is more than 200 years old—and was historically significant in the War of 1812. The waters of Sulphur Springs once attracted people from across North America seeking medicinal treatments.

Flamborough is made up of many villages and hamlets. The largest is Waterdown, which has several antique, art and craft

Stoney Creek was the site of a famous battle during the War of 1812 (the actual site is now a park). The city boasts light industry acres of fruit land and many recreational areas near the lake.

Glanbrook encompasses many conservation areas as well as

ESSENTIAL PHONE NUMBERS
Greater Hamilton Tourist Info. Centre(905) 546-26
Community Information Services(905) 528-01
Ontario Travel Information Centre1-800-868-27
24-hour Emergency Road Service(905) 525-50
Hamilton Airport(905) 679-41
Police, Fire, Ambulance
Hospitals:
Chedoke-McMaster(905) 521-21
St. Joseph's
Henderson General(905) 389-44
Hamilton General(905) 527-02
St. Joseph's Community
Health Centre(905) 573-77
Customs Canada(905) 578-87
Retall Sales Tax Office(905) 521-75

GETTING AROUND

motorists to travel nonstop through its entire length. The main thoroughfare going east is Main Street; alternatives are York/Wilson/Cannon Street, or Burlington Street for the north-end industrial section. Travelling west, the major route is Queenston/Main/King Street; alternatives are Cannon/York and

AUGUST 11-13/95 The Festival of Friends

AUGUST 12-13/95

AUGUST 26-27/95 The Vintage Auto

Sprints at Christie A weekend of old fashioned fun & excitement as vintage automobiles & motorcycles compete on a sprint course

The American Civil War Re-enactment

UNE 3/95 The Greater Hamilton

JUNE 3-4/95 The Battle of Stoney Creek An authentic re-enac of a War of 1812 batt

complete with charge to fife and drum JUNE 17-18/95
The Hamilton BIGV

International Airshou JUNE 29 - JULY 3/95

Earthsong round the world, 4 stages of

JULY 21-23/95 Westbury Canadian Life Greater Hamilton Aquafest featuring the Lakeport Pilsner Hydroplane Regatta Waterfront festival featuring tall ships, land and water

The Confederation Cup Canada's premier harness racing event at Flamboro Downs SEPTEMBER /95

GREATER HAMILTON the Festive Region

City transit buses are operated by the Hamilton Street Railway Co. (HSR). Call (905) 527-4441 for bus routes and travel

Public transit to Toronto is provided by GO Transit, on either coach bus or commuter train. Call (905) 527-8187.

Hamilton Airport is located outside the city at Mount Hope. Call

ATTRACTIONS

Adventure Village, one of Canada's largest outdoor 18-hole miniature-golf courses, also includes batting cages and game arcade. 100 Confederation Dr., (905) 549-9444.

African Lion Safari, the region's only drive-through wildlife reserve, boasts 1,500 animals of 132 species; it also has between 150 and 200 birds of prey, and features regular falconry demonstrations. The 750-acres park offers picnic areas, elephant round-up, Jungle Playground, Wet Play Area and more. Take Hwy 6 north 20 km, turn left on Safari Road. 1-800-461-9453.

Art Gallery of Hamilton Permanent collection of 7,000 works, with special exhibits by local, regional and international artists 123 King St. W., (905) 527-6610.

Ben Veldhuis Greenhouses Ltd. Wander through two acres of greenhouses where cacti, succulents and tropical flowering plants are grown. 154 King St. E., Dundas, (905) 628-6307.

Cathedal of Christ the King offers an impressive example of Gothic architecture. The cathedral's 4913 pipe organ is one of the finest instruments in the country. 714 King St. W., (905) 522-5744.

Copps' Coliseum 18,000-seat arena has hosted the World Junior Hockey Championship, Labatt Canada Cup events and a wide variety of entertainment. 101 York Blvd, (905) 546-4000.

Earthsong celebrates cultures past and present through food, song, dance, music and crafts. Held over Canada Day weekend in July at Princess Point. Call (905) 525-6644.

Festival of Friends, Canada's largest free arts-and-music festival, is held at Gage Park for three days over the August Civic Holiday weekend. Call (905) 525-6644.

Flamboro Downs Race Track offers world-class harness racing year round. Ten minutes from downtown Hamilton on Hwy 5, between highways 6 and 8. Group rates and tours available. Call (905) 627-3561 or 1-800-263-0340

Gage Park, 77 pleasant acres in the city's east end, features a lavish panorama of water foundtains. Call (905) 544-2636.

Hamilton Convention Centre is a multipurpose convention facility located in the downtown core, connected by skywalk to shopping and hotel. 1 Summers Lane, (905) 546-3000

Hamilton Farmers' Market This indoor market features 176 stalls offering fresh fruit, vegetables, meats, cheeses, flowers and more. Open year round. 55 York Blvd, (905) 546-2096.

Hamilton Harbour Along the harbourfront you'll find an

SHOPPING / ATTRACTIONS



TWO FINE ART GALLERIES UNDER ONE ROOF

The Arctic Experience Gallery (905) 522-9443

The McNaught Gallery 191 James St. South, Hamilton Tues.-Sat. 10am to 6pm



Jackson Square

(905) 522 - 3501



Dundas - The Valley Town

Beautiful Parks/Nature Trails Kite Festival (June)

For information 1-800-263-8590 Mon. to Fri. 9 to 5 June 1 to Labour Day Mon. to Sun. 9 to 5

Hamilton International Air Show Two-day display of vintage and modern military aircraft from Europe and North America. Ground and air displays. Held in June at Hamilton Airport, Mount

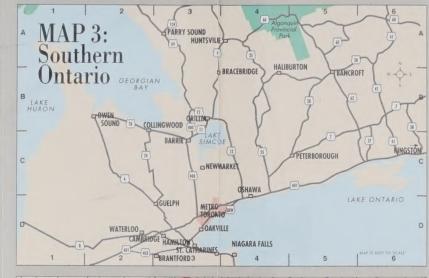
Hamilton Place, a showcase for the performing arts, is home to the Hamilton Philharmonic Orchestra, Opera Hamilton and a hos of visiting performers. 10 MacNab St. S. (905) 546-3100.

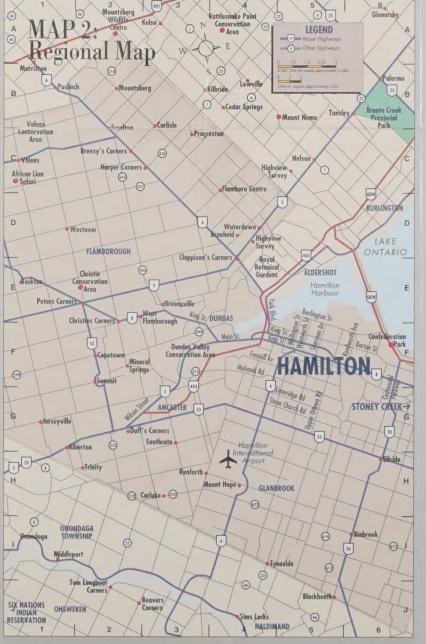
Hamilton Theatre Inc. brings the best of Broadway to Hamilton Hess Village Picturesque street in Hamilton's downtown core

McMaster Museum of Art Permanent exhibition of impressionis and postimpressionist painting, including works by Monet, Pissamd and van Gogh. 1280 Main St. W., (905) 525-9140, ext. 23081.

McMaster University is one of Canada's most respected teaching and research institutions. 1280 Main St. W., (905) 525-9140. Royal Botanical Gardens Canada's only royal garden includes the world's largest collection of lilacs, two acres of roses, miles of

trails and marshland vistas. 680 Plains Rd. W., Burlington, (905) **Theatre Aquarius** is the region's leading theatre company. 190 King William St., (905) 522-7529 or 1-800-465-7529.







Admiral I-N-N-S

149 Dundurn Street North Hamilton, Ontario, (905) 529-2311 Map 1, D-7

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Mount Hope, LOR 1W0 (905) 679-3355

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The Great Steak and Seafood House

Downtown, 33 Bowen Street, 523-0993, Map 1, f-10 Hamilton, 1170 Upper James, 574-7880, Map 2, G-4 Burlington, 3106 South Service Road, 681-1810, Map 2, D-6



An American Italian Eatery Offering the sights and sounds of New York's Little Italy

999 Upper Wentworth Street, Hamilton, Map 1, K-13 (905) 574-2400

750 Queenston Road, Hamilton, Map 2, F-6 (905) 573-9442



Ancaster Old Mill

548 Old Dundas Road. don. - Sat. - Lunch & Dinne Sunday - Brunch & Dinner

Hutch's Restaurant

280 Van Wagner's Beach Rd.

Since 1946, Hutch's offers the best fish 'n chips on the beach. Enjoy 50's dine

Trades

URBAN/MUNICIPAL

CA3 ON HW Q78

HAMILTON MAP **REGION MAP** DRIVE-TO MAP MUSEUMS **ATTRACTIONS** SHOPPING

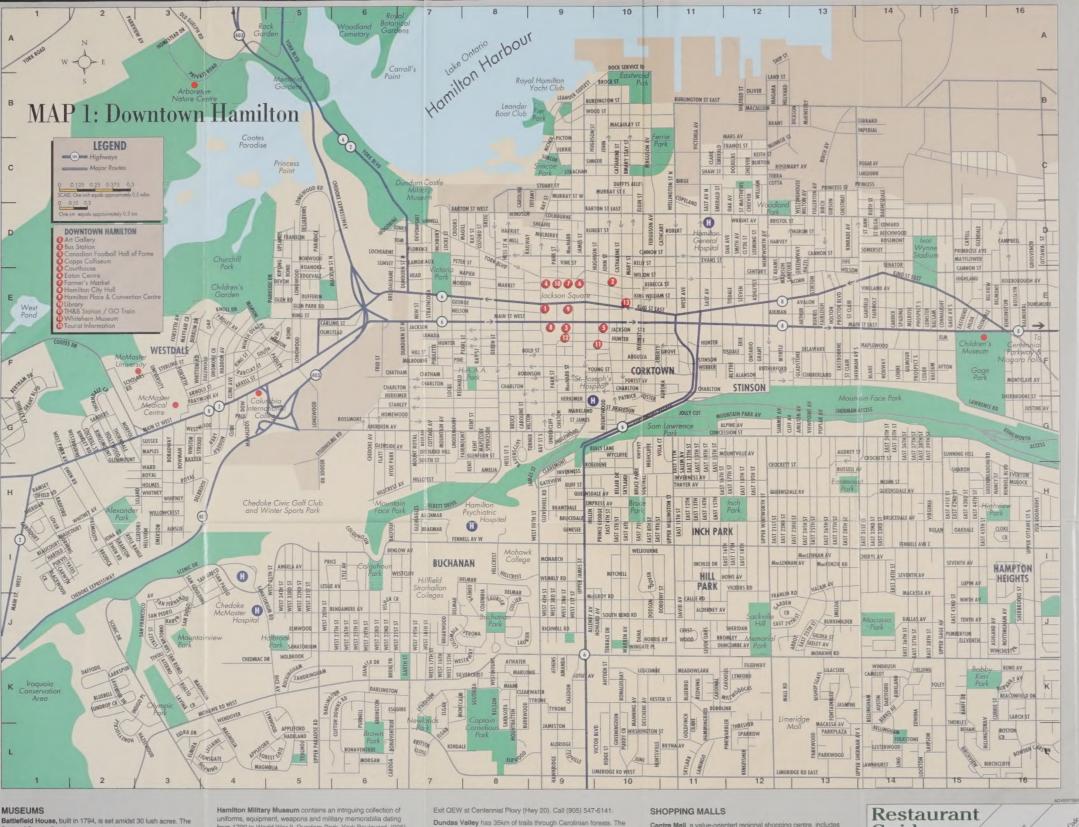
DINING











Battlefleid House, built in 1794, is set amidst 30 lush acres. The Battle of Stoney Creek was partly fought on the property. 77 King St. W., Stoney Craek, (905) 662-8458.

Canadian Football Hall of Fame features exhibits representing a chronological history of Canadian football. Includes the Hall of Fame Theatre, showing Grey Cup game highlights from 1948 to the present, 58 Jackson St. W., (905) 528-7566.

Canadian Warplane Heritage Museum features Canada's largest collection of vintage military aircraft, including the only flying Avro Lancaster in North America. Mount Hope Airport, Hwy

Children's Museum A hands-on museum especially for children aged 2 to 13. Interactive activities and displays are changed regularly; the schedule includes human anatomy, dinosaurs, fairy tales and outdoor experiences, 1072 Main St. E., (905) 549-9285

Dundurn Castle This 35-room mansion has been restored to approximate its appearance in 1855, when it was the residence of Sir Alan Napier MacNab, Upper Canada's pre-Confederation prime minister. York Boulevard, (905) 546-2872

Erland Lee Home Restored Victorian home of Erland and Janet Lee, founders of the Women's Institute movement. 552 Ridge Rd., Stoney Creek, (905) 662-2961.

from 1790 to World War II. Dundern Park, York Boulevard, (905)

Hamilton Museum of Steam and Technology, housed in the 1859 Waterworks Pumping Station, offers a fascinating look at 19th-century technology. 100 Woodward Ave., (905) 549-5225

Whitehern original books, china and furniture are displayed in this restored Victorian mansion, home for more than 100 years to Hamilton's prominent McQuesten family. Beautifully terraced gardens. 41 Jackson St. W. (905) 522-5664.

CONSERVATION AREAS

The Hamilton Region Conservation Authority, (905) 525-2181, operates 24 conservation areas covering 7,000+ acres, including the following:

Christle Conservation area offers swimming, canceing, trout-fishing, winter sports and picnic areas. On Hwy 5, west of Hwy 6 in Flamborough. Call (905) 628-3060.

Confederation Park is a camping, picnicking and swimming area on the beach. Includes Wild Waterworks, a wave-action pool with giant water slides, and Squirt Works, a children's waterplay area.

Trail Centre, a wheelchair-accessible reproduction of a Victorian railway station, houses interpretative displays, picnic pavilion, washrooms and food concession. On Governor's Road (Hwv 99) in Dundas. Call (905) 627-1233.

Devil's Punch Bowl, famous for exposed rock and a spectacula view, is on Ridge Road, east of Hwy 20. Call (905) 525-2181.

Felker's Falls offers a spectacular view of the Golden Horseshoe. Two nature trails are wheelchair accessible and available. Ackland Street, Stoney Creek. Call (905) 525-2181.

Fifty Point is a 57-hectare waterfront park with full-service marina. On Lake Ontario at Fifty Point Road /QEW interchange Call (905) 643-2103.

Spencer Gorge offers spectacular waterfalls and panoram views. Hwy 5, south on Brock Road, east on Harvest Road, Call

Westfield Heritage Centre and Conservation Area Beautiful heritage village with more than 30 historic buildings. Special events include American Civil War re-enactment in August, Heritage of Colours Tour in autumn, and Christmas in the Country, Rockton, Call (519) 621-4622.

Centre Mall, a value-oriented regional shopping centre, includes Sears, Zellers, K-Mart, Canadian Tire and a Farmer's Market. Offers more than 4,000 free parking spaces. Comer Barton Street East and Kenilworth, (905) 547-1629.

Eastgate Square, just a stone's throw from Stoney Creek features Eaton's, The Bay, Woolco, The Bulk Bam, Consumer's Distributing, Brewer's Retail, Wal-Mart and Fortino's. For Night Parkway North, (905) 561-2444.

Hamilton Eaton Centre Located in the heart of downtown—just around the corner from the library and Farmer's' Market—the Centre includes The Gap, Eddie Bauer, Site of the Green, Laura Boulevard. (905) 522-7808.

Jackson Square is connected to the Eaton Centre, the library and Farmers' Market. It carries everything from fine jewellery and evening wear to cowboy boots, swimsuits and everyday travel needs. 2 King St. W., (905) 522-3501.

Limeridge Mail offers over 200 stores and services on two levels. including Eaton's, Sears, The Bay and K-Mart. Four restau and theatres; plenty of free parking. 999 Upper Wentworth St.

Guide Admiral Inn Restauran Map 1, D-7 Ancaster Old Mill (905) 648-1827 548 Old Dundas Rd., Ancaster Fine Dining La Costa Restaurant 41 King William St. (905) 528-5576 East Side Mario's Map 1, K-13 (905) 574-2400 Italian/America 168 Yes Yes Optional East Side Mario's Italian/American Hutch's Restaurant (905) 545-5508 Fast Food 200 Van Wagner's Rd. The Keg, (905) 523-0993 The Keg, (905) 574-7880 Steak & Seafood 220 Yes Yes Optional Yes Map 2, G-4 The Keg, 3106 S. Service Rd., Burlington (905) 681-1810 Steak & Seafood (905) 526-6642 Yes Optional 1010 Main St.

ATTRACTIONS

African Lion Safari

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Hamilton's Museums

Call (905) 546 - 2872



Canadian Football Hall of Fame& Museum

Wild Waterworks Confederation Park



Royal Botanical Gardens